

SAN ANTONIO PODIATRY ASSOCIATES, P.C.

PRE-SURGERY INSTRUCTIONS

1. **Do not** eat, drink or smoke after midnight before your surgery.
2. Arrangements should be made in advance for post-surgical transportation, and an adult to accompany you home. You will not be allowed to leave the surgical facility in a taxi-cab.
3. Please leave your jewelry and all valuables at home. Bring a case for your eye glasses or contacts.
4. If you are taking any medications, please bring them with you the day of surgery.
5. Contact your surgeon if you develop a fever, rash, infection or “**COLD**” prior to the day of surgery. Call the office if you are unable to keep your appointment or you are going to be late.
6. Casual, loose fitting clothing should be worn.
7. Please do not wear make-up, finger nail polish or toe polish.
8. Review Instructions for Post Operative Care. Please keep these instructions available to help you with post-operative care.