

## SAN ANTONIO PODIATRY ASSOCIATES, P.C.

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### POST-OP NAIL SURGERY INSTRUCTIONS

1. Today, leave the bandage on, go home, limit your walking activities, and keep your foot elevated as much as possible.
2. Tomorrow, remove the entire bandage.
3. Soak affected toe in 2 teaspoons of epsom salt in a basin of warm water for 5 minutes twice a day.
4. Clean with hydrogen peroxide prior to soaking if area becomes crusty and, while soaking, gently wipe the surgical site with gauze, a cotton ball, or a Q-tip.
5. Apply 2x2 gauze or Telfa gauze and secure with tape.
6. Soak the toe twice daily until healed and dry.
7. Most heal in 3 weeks. If not completely dry and healed in 3 weeks or if any sign of infection develops, please call for a follow-up appointment.

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