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# Amerigel: Patient Instructions following Nail Surgery

**General information:** Stay off your feet as much as possible today. You may wear a sandal or open toe footwear that does not squeeze, constrict or put pressure on your toe(s). Your toe(s) may remain numb for 3-4 hours after the procedure. Please contact our office if you have any questions or concerns.

**Bleeding:** Slight bleeding, discoloration and drainage are normal.

**Discomfort:** You can elevate your foot to help alleviate minor swelling, bleeding and discomfort. You may also take Aspirin, Tylenol or other over-the-counter pain relievers as directed on the package. If the pain and discomfort are not controlled adequately, then contact our office.

**Removing the bandage:** Starting the second day after surgery, carefully remove the dressing and shower or bathe as normal. If the gauze or bandage sticks to the area, dampen it with water or shower/bathe with the bandage in place. This will make it easier to remove with minimal or no discomfort.

**Applying another dressing:** After showering or bathing, blot the surgical site (nail bed) dry and apply a **thin** layer of Amerigel ointment. Cut a suitable size piece of gauze to fit directly over the nail bed. Place 1 to 2 pieces of gauze directly over the surgical site and secure in place with tape or a band-aid. **IMPORTANT:** The band-aid should be applied around the toe resembling a ring.

**DRESSING CHANGES NEED TO BE DONE ONCE DAILY**

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