

## **SAN ANTONIO PODIATRY ASSOCIATES, P.C.**

**RICHARD A. POLLAK, DPM, MS**  
Diplomate American Board of  
Podiatric Surgery

**RICHARD A. BELLACOSA, DPM**  
Diplomate American Board of  
Podiatric Surgery

**KARRY ANN SHEBETKA, DPM**  
Diplomate American Board of  
Podiatric Surgery

**Robert L. Castillo, DPM**

### **RECOMMENDED WALKING SHOES**

- |             |  |
|-------------|--|
| 1. Rockport | 4. SAS (Freetime – women; Timeout – men) |
| 2. Nike     | 5. Avia                                  |
| 3. Reebok   | 6. New Balance                           |

### **RECOMMENDED DRESS SHOES (Women)**

- |                |                         |
|----------------|-------------------------|
| 1. Easy Spirit | 5. SAS- casual, sandals |
| 2. Rockport    | 6. Soft Spots           |
| 3. Hush Puppy  | 7. Aerosoles            |
| 4. Naturalizer | 8. SRO                  |

### **RECOMMENDED SANDALS / CLOGS**

- |                |             |                   |
|----------------|-------------|-------------------|
| 1. Birkenstock | 5. Naot     | 10. Dansko        |
| 2. Clark       | 6. Mephisto | 11. Joseph Seibel |
| 3. Born        | 7. Trotters | 12. Soft Walk     |
| 4. Merrell     | 8. Wolky    | 13. Chacko        |
|                | 9. Ecco     | 14. Finn Comfort  |

### **RECOMMENDED DRESS SHOES (Men)**

1. Rockport Dressports
2. SAS
3. Florsheim Comfortech
4. New Balance
5. Birkenstock-sandals