

SAN ANTONIO PODIATRY ASSOCIATES, P.C.

RICHARD A. POLLAK, DPM, MS
Diplomate American Board of
Podiatric Surgery

RICHARD A. BELLACOSA, DPM
Diplomate American Board of
Podiatric Surgery

RUSSELL STANLEY, DPM

Recommended Walking Shoes

- | | |
|----------------|---------------------------------------|
| 1. New Balance | 5. SAS (Women-Freetime; Men- Timeout) |
| 2. Rockport | 6. Avia |
| 3. Asics | 7. Brooks |
| 4. Saucony | 8. Adidas |

Recommended Dress Shoes (Women)

- | | | |
|----------------|-------------------------|-----------------------|
| 1. Easy Spirit | 5. SAS- casual, sandals | 9. Nurture (Dillards) |
| 2. Rockport | 6. Soft Spots | |
| 3. Hush Puppy | 7. Aerosoles | |
| 4. Naturalizer | 8. Aravon (New Balance) | |

Recommended Sandals/Clogs

- | | | |
|----------------|------------------|------------------------------|
| 1. Birkenstock | 7. Dansko | 13. Cross (clog or flipflop) |
| 2. Clark | 8. Joseph Seibel | 14. Fit Flop |
| 3. Born | 9. Soft Walk | |
| 4. Merrell | 10. Chacko | |
| 5. Naot | 11. Teva | |
| 6. Mephisto | 12. Bite | |

Recommended Dress Shoes (Men)

- | | | |
|-------------------------|------------------------|----------|
| 1. Rockport Dressport | 5. Birkenstock-sandals | 9. Clark |
| 2. SAS | 6. Ariat- boots | |
| 3. Florsheim Comfortech | 7. Ecco | |
| 4. Dunham- New Balance | 8. Born | |

Recommended Shoe Stores

1. SAS (San Antonio Shoes)
2. Whole Earth Provision Company- Quarry
3. New Balance Store (The Forum-1604 & 35 or The Strand-IH10 & Huebner)
4. Foot Solutions

Website: WWW.SAPODIATRY.COM

Webstore: WWW.OURDOCTORSTORE.COM/SAPODIATRY

Physicians Plaza II
8042 Wurzbach, Suite 450
San Antonio, Texas 78229
(210) 692-0279

One Medical Park
14615 San Pedro, Suite 160
San Antonio, Texas 78232
(210) 490-1871